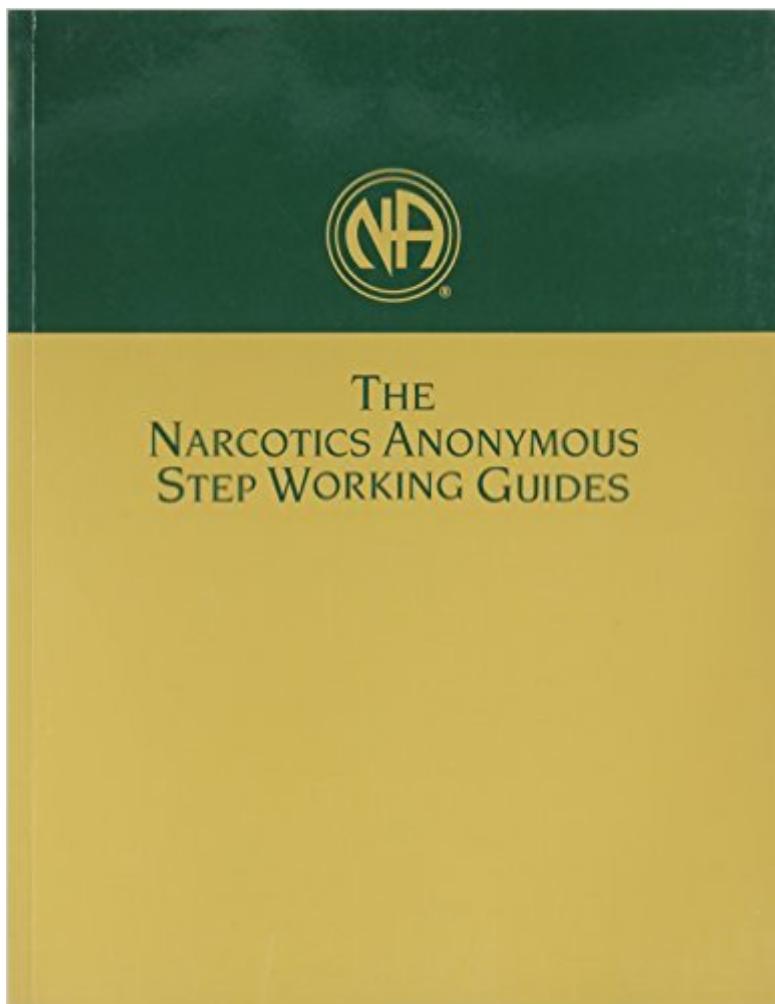


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# Narcotics Anonymous Step Working Guides



## **Synopsis**

Narcotics Anonymous Step Working Guides are meant to be used by NA members at any stage of recovery, whether it's the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced members develop a deeper understanding of the Twelve Steps.

## **Book Information**

Paperback: 124 pages

Publisher: Narcotics Anonymous; 1 edition (January 1, 1998)

Language: English

ISBN-10: 1557763704

ISBN-13: 978-1557763709

Product Dimensions: 10.7 x 8.4 x 0.4 inches

Shipping Weight: 15.2 ounces

Average Customer Review: 4.6 out of 5 stars 106 customer reviews

Best Sellers Rank: #13,416 in Books (See Top 100 in Books) #8 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology #21 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs #58 in Books > Medical Books > Medicine > Internal Medicine > Neurology

## **Customer Reviews**

Lots of work. Worth it. Even if you aren't addicted to drugs, this is a great book to do self-improvement on. But don't use it alone. Do with someone who has also answered the questions already (if in the program--your sponsor). If you aren't in the program, talk this over with a counselor or spiritual guide who has done similar work or is familiar with this.

This book can be a bit overwhelming at times, but so is recovery at times. I work the steps with my sponsor and depend on this book as a guide on how to work each step. It's very detailed, which I found very helpful, especially on the 4th and 5th step. Very helpful getting started on each step, and very helpful to deal with each step completely. Just remember, it's a guide, get what you can out of it, if you're still confused, call your sponsor. This is my first time in a 12 step program, so this book has been a great help on what to do, having had no prior experience working the steps.

If you are ready to work with a sponsor to complete your 12-steps, this guide is straight to the point

and indispensable.I completed my 12-steps the first time using this workbook and I still use it today when working with newcomers.Highly recommended!!!

We were unable to find this as local book stores because it's currently out of print. We were very pleased to find it here. The product is exactly wht it says it is and exactly what you'd expect!

At last a step book.. Heard about this book a few months back just had to get it.. Going to work the steps..

OMG! I bought this book for a friend.

Work your steps in ordered manner and not get caught up in spiritual nonsense. Understand addiction as a disease not a morality problem

As described....

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